

# Boomerang Lunch – Frequently Asked Questions

## What is a boomerang lunch?

A boomerang lunch is a lunch that has every piece of it returned to its source, home! In other words, everything in the lunch goes back home at the end of the day. No matter if it is leftover food, containers, recyclables or garbage, it all goes back to be washed, recycled, or disposed of at home.



## What can I do to ensure my child doesn't come home with a messy lunch bag?

The number one choice is to send all food items in sealable reusable containers. Therefore, the only items returning in the lunch bag will be in sealed containers ready to be washed and used the next day. If you choose to send disposable containers such as yogurt, apple sauce, and juice boxes, your child will be encouraged to place the empty containers in a re-sealable bag to be returned home.

## Isn't waste just being diverted home and then thrown in the garbage?



The eco-team feels that it is our responsibility to teach the students the number one best option for our environment. This is reducing waste. The purpose of the boomerang program is to promote the use of reusable containers, thus reducing the amount of lunch waste being produced by our school. The collection, transportation, and processing of garbage as well as recyclable materials requires a significant amount of energy, putting strain on our environment.

## Boomerang Lunch Tips

### BULK UP!

Choose to buy food that is not over-packaged by buying items in bulk rather than single use containers and placing them daily in re-sealable containers. Example – buy the large yogurt containers and put it into a re-sealable container.

### LET NATURE WRAP YOUR FOOD FOR YOU!

Oranges, bananas, apples and hard-boiled eggs all come with their own handy packaging.

### CHOOSE A PERMANENT PACKAGING SOLUTION

Pack a waste-free lunch using items such as:

- reusable lunch bag or box (look for a hard plastic interior, as it can easily be wiped clean)
- thermoses
- reusable water bottles
- reusable plastic containers
- cloth napkins
- reusable utensils



### AVOID THE FEROCIOUS FIVE WEAPONS OF WASTE!

1. plastic: sandwich bags, plastic wrap, utensils
2. yogurt, pudding, apple sauce cups
3. drink boxes, drink pouches, pop cans
4. throw away paper bags
5. aluminum foil